

5110: Repetitive Motion Injuries (RMI)

- **Requires employers to:**

- Evaluate worksite – job tasks that have caused RMI
- Control exposures – redesign work station or tools for better fit/adjustability, rotate jobs, work pace, break schedule
- Train workers – employer's program, exposures, symptoms, reporting, controls

BUT ONLY IF at least two workers have RMI.....

- Predominantly caused (50% or more) by repetitive job, process or operation
- From doing identical work activity
- Diagnosed by licensed physician
- Reported by employee to employer in the last 12 months

- **Employer satisfies obligations by any control measure unless Cal/OSHA can show an alternative measure will "cause a greater reduction in RMI injuries" and would not "impose additional unreasonable costs"**



Steps to enforcement of Cal/OSHA's Repetitive Motion Injury (RMI) Standard (GISO 5110)

